# Melissa Johnson, M.S.

Licensed Marriage and Family Therapist #MFC47998 Licensed Professional Clinical Counselor #LPCC1704



July 20, 2017

Brenda Lee, HR/Payroll Analyst California State University, East Bay 25800 Carlos Bee Blvd. Hayward, CA 94542

Ms. Lee:

Please accept my application to continue my appointment as an adjunct faculty lecturer in the Educational Psychology department. Attached you will find my current resume.

I have enjoyed my experience and look forward to another year of teaching at CSU East Bay. Please feel free to contact me at your convenience should you need anything else.

Sincerely,

Melissa Johnson, M.S.

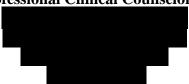
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#### Education:

California State University, Hayward, CA; Master of Science, Counseling Psychology, 2004 California State University, Hayward, CA; Bachelor of Arts, Psychology, 2002 Highlands High School, North Highlands, CA; Graduated with Diploma, 1990

### **Professional Activities:**

California Association of Licensed Professional Clinical Counselors Clinical Member

California Association of Marriage and Family Therapists,

Clinical Member

#### **Professional Experience:**

Adjunct Faculty Lecturer, Educational Psychology Department, California State University, East Bay

September, 2015 through present

Teaching graduate and undergraduate courses as assigned by department. Develop and manage class syllabus. Ensure that courses meet department and university standards, Plan and create lectures, in-class discussions and assignments. Grade assigned papers, quizzes and exams. Assess grades for students based on participation, performance in class, assignments and examinations.

# Licensed Marriage and Family Therapist, Licensed Professional Clinical Counselor, Melissa Johnson, MFT, LPCC

January, 2010 through present

Provide therapeutic assessment, treatment and appropriate referrals to individual adults, adolescents, and couples in a self-employed private practice setting. Initiate/maintain collaborative contact with parents, other clinicians, teachers, physicians, psychiatrists, other professionals. Specialties include parenting strong-willed children and adolescents, and individuals struggling with issues around infidelity.

#### Certified Parent Project® Facilitator, Independent Contractor

November, 2008 through June, 2010

Was lead facilitator/co-facilitator for 12-16 week Parent Project classes for the Cities of Fremont and Union City, Youth and Family Services Departments. Assisted parents of at-risk or strong-willed youth in identifying problematic behaviors, strategizing around provision of appropriate consequences, prevention of/intervention in difficult or dangerous behaviors, and gaining behavioral cooperation. Also helped parents develop more effective coping strategies and creative problem-solving skills. Provided weekly support during class sessions, as well as additional support as needed after classes ended.

## Marriage and Family Therapist Registered Intern, Stephen Altbaum, MFT

September, 2007 through December, 2009

Provided assessment and therapy services in a private practice setting to a variety of private pay, Medi-Cal and insurance clients. Clients included children, adolescents, individual adults, couples and families. Clinical issues presented varied widely: depression, anxiety, court-mandated coparenting counseling, personality disorders, children coping with divorce.

# Marriage and Family Therapist Registered Intern, Kaiser Permanente Psychiatry Dept.

October, 2006 through August, 2007

Provided therapeutic assessment and treatment in clinic setting in accordance with Kaiser Permanente treatment model. Determined and provided appropriate referrals to other clinicians, psychiatrists, physicians, and group therapies. Also participated in structured group ADHD assessments for children, co-facilitated a group for individuals with disabilities. Participated in observed treatment sessions as part of clinical supervision as both treating clinician and observer.

# Marriage and Family Therapist Trainee/Registered Intern, Family Service of the Tri-Cities *June*, 2003 through March, 2007

Provide therapeutic assessment and treatment in clinic setting for private pay, Medi-Cal, and EAP clients. Duties included assessment; diagnosis; treatment planning; treatment; termination; required documentation including agency, Medi-Cal and EAP forms; collaborative contact with parents, physicians, psychiatrists, teachers, and other professionals; attending/participating in group and individual supervision; provision of appropriate referrals for clients.

### Shift Supervisor/Asst. Manager, Starbucks Coffee Company

November, 1999 through September, 2001; April, 2002 through October, 2003 Responsible for day-to-day store operations and providing legendary customer service. Duties include problem-solving, handling customer complaints, cash handling and banking, staff scheduling and supervision, ordering, administrative and human resource duties and reports, and other tasks as necessary.

#### Youth Counselor, S.T.A.R.S., Inc.

June, 2001 through April, 2002

Responsible for supervision of severely emotionally disturbed adolescents in a level 14 group home and psychiatric health facility. Duties included promoting and assisting with resident self-help skills in a variety of activities; encouraging peer socialization while modeling appropriate, positive behavior; monitoring attendance at assigned activities and maximizing participation through motivational techniques; observing and documenting activities, behavior and psychiatric condition; participating in the formation and implementation of each resident's individual treatment plan; encouraging and facilitating processing of issues in a positive, constructive manner; becoming familiar with diagnoses and medications to better understand and manage resident behavior.

## Respite/CalLEARN/CalWORKS Specialist, 4C's of Alameda County

February, 1999 through November, 1999

Provided case management of child care services for families on CalWORKS funding, families needing Respite care, as well as teen parents. Independently made decisions based on County, State and Federal contract funding terms and conditions and agency policy. Duties included eligibility determination, file maintenance, orientation for new clients, technical support to other staff as needed, preparation of County and State reports, program expenditure projections.

#### Sr. Technical Asst., Family Resource and Referral Center

September, 1992 through February, 1999

Responsible for case management of child care services for families on Federal Block Grant and CalWORKS funding. Provided intensive technical support to other staff in the department. Duties included eligibility certification, preparation of State reports as needed, program expenditure projections and community referrals. Worked closely with local Human Services Agency and other community agencies as needed. Developed and presented fraud prevention program at various statewide conferences.